

**The Role of Masjid Youth Organization to Improve Self-
Development of Adolescents
(Case Study of Masjid Youth Orgnazation in Masjid Jogokariyan
(RMJ) Yogyakarta)**

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Abstract

Adolescences is identical with delinquency, one of the causes is a lack of Self-Development. Self-Development is greatly influenced by the environmental conditions in which a person lives. Youth of Masjid Jogokariyan is one of the youth communities in Yogyakarta which is a forum for teenagers to improve self-development. This study aims to determined how the role of the Youth of Masjid Jogokariyan in improved self-development of adolescents. The role these was explained below which each the component of self development. These component of self-development that are: emotional /knowledge, physical, mental, social, education, and also self develop accordance to market demand. Thus the role was explained below followed by the supporting and inhibiting factors each the component. This study employed qualitative a case study approached and was taken at Yogy akarta Masjid Jogokariyan with descriptive method. The data was collected through interviews, observation and documentation. The data were analyzed applied Miles and Huberman model, which included data reduction, data presentation, and conclusion drawing. Based on the results of the research, the researcher give suggestions to (1) the management of the masjid youth organization to be more and always innovate, improving creativity, and improving skills in the field of information technology (IT), (2) seniors as responsible of masjid youth organization coaches to further increase enthusiasm in guiding organizations to be more involved in the organization, (3) to guardians and families especially the parents of adolescents, member of masjid youth organization to pay more attention to the cultivation and implementation of religious values in adolescents and the quality of the youth friendship environment.

Keywords: *Adolescent, Mosque Youth Organization, Self-Development*

A. INTRODUCTION

Adolescent is a phase of human growth it is like a plant where flower buds are starting to grow, their physical condition is so fit and fresh but they are prone to disturbances both from within and outside. This budding flower phase is determining whether the flower bud will bloom into a beautiful flower until it bears fruit or vice versa, or even die. This condition is similar to the adolescent phase which is transition point from childhood to adulthood. Adolescent is a prone period marked by various turmoil that comes from inside and outside of the human. For instance, adolescents who are struggling with depression and / or anxiety also can experience problems with their schoolwork, parents, peers, and physically health, and may lose interest in activities they used to enjoy. Adults needs to understand this complexity, respond in supportive way, and seek professional help for such adolescents, if needed.¹ The turmoil that comes from inside is coloured by emotional turmoil, physical change, and high curiosity with high spirit. Meanwhile the outside turmoil comes from family, friends, school, and neighborhood. These changes will eventually trigger what is called juvenile delinquency.

The juvenile delinquency even today it's becomes a phenomenon² and now has become a concerned phenomenon even penetrated to rural areas, however, the big cities still dominated the juvenile delinquency incident, for example, in Yogyakarta. That is Yogyakarta, is one of tourist destination. Many locals and foreign tourists come to Yogyakarta, which causes culture acculturation process. Thus, it causes changes in behavior of native people of Yogyakarta and often causes delinquency, especially their adolescents.

¹ OPA, *Adolescent Development Explained*, in the website www.hhs.gov/ash/oah/adolescent-development/explained/. Under citation U.S. Department of Health and Human Services, Office of Adolescent Development Explained. Washington, D.C: U.S. Government Printing Office, November 2018

² Nunung Unayah, Fenomena Kenakalan Remaja dan kriminalitas *The Phenomenon of Juvenile Delinquency and Criminality*, *Sosio Informa*, Vol. 1, No. 02, Agustus 2015, p. 121

According to data from Provincial National Narcotics Agency (BNPB) of the Special Region of Yogyakarta, that Yogyakarta is first ranked the number of drug users in Indonesia, from the population in Yogyakarta of 3.6 million, as much as 2.6 percent of them are drug users.³ Meanwhile, according to data from the Department of Health Special Region of Yogyakarta throughout 2015 as many as 1078 school-age adolescents in Yogyakarta did a childbirth, from sum it, 976 of them were pregnant before marriage.⁴ Even Yogyakarta today has known for its crimes of “*klitih*”, the name of street crimes, most of which done by adolescents. Until early 2020 the world of social media was shocked with the trending twitter *#DIYdangerKlitih* which reached 30.000 tweets after this crime previously claimed the lives of Fatur Nizar Rakadio. According to the provincial police chief of Special Region of Yogyakarta, General Inspector Pol Asep Suhendar said that in the December 2019 up to January 220 there were already five cases of conflict, after previously having recorded 40 cases throughout 2020.⁵

Considering that the adolescents are the national asset, the next generation who will lead this nation in the future, even Indonesia will face a demographic bonus at 2025, there is a need an efforts for overcome the problem involving the young generation in this time. The adolescents have a lot of potentials in themselves, both fit physically, high spiritly, high curiosity if they directed on the right path and are empowered it will create useful achievements for themselves and others as well as time is opportunities to allow for delinquency to be reduced. Therefore, there is a need for self-development efforts for adolescents. Meanwhile, according to international development researcher Erickson said “The adolescents who experience an identity crisis satisfactorily develops the virtues of loyalty:

³ Conveyed by AKBP. Mujiyana, Chief of Police Region of Yogyakarta, when conference with the jurnal

⁴ Aprilia Ike Nurwijayanti, Coordinator for Research and Data Dissemination of the Indoensian Family Planning Association (PKBI), in the conference with journalist of Merdeka , Thursday, January 27, 2020

⁵AKBP Yudianto Adhi Nugroho, the resort police chief of Magelang, in the conference with journalis of Kompas Wednesday, January 8, 2020

persistent loyalty, belief, or a sense of belonging to loved ones or friends and friends. Allegiance can also mean identification with a set of values, ideology, religion, political movement, pursuit of creativity, or ethnic groups. And to create a superior generation of adolescents, adolescents need to be nurtured about self development"⁶

Self-development is greatly influenced by the conditions and atmosphere of the environment in which a person lives, as well as adolescents. Because at this time it is a period for them to seek their identity. Thus the adolescents will see a lot of things or oriented towards many new experiences those around them. Therefore, it is very necessary to have a supportive environment for adolescent self-development, even to facilitate it so that the adolescent in that environment have the potential to advance their environment. The one example place is good environment is Masjid Jogokariyan.

Masjid Jogokariyan is located In the District of Mantrijeron, Yogyakarta, there is one *masjid* that is widely known by the Indonesian people with its management system. The management of this masjid also concerns how to manage the congregation to become a continuation of various age levels, including the teenage phase. Under service the guidance of *Ta'mir* Masjid Jogokariyan, the masjid form an organization to accommodate adolescents in Jogokariyan village named *RMJ* (Youth of Masjid Jogokariyan). In this organization the adolescents are guided on how to become religious young people, so that they can become a chain of regeneration for the mission of the Masjid Jogokariyan. The role of religiosity is very influential in shaping self-concept for adolescents. Apart from the aspect of religiosity, adolescents are also shaped in terms of knowledge, character, and life skills.⁷

⁶ Erikson dalam Diane E. Papalia, Ruth Duskin Feldman, "*Menyelami Perkembangan Manusia*" Edisi 12, Vol. 2, Cet. III, Terj. Fitriana Wuri Herarti, (Jakarta: Penerbit Salemba Humanika, 2012), p. 47

⁷ Desi Yustari Muhtar, Peran Religiusitas dalam Pembentukan Konsep Diri Remaja, *TAZKIYA Journal of Psychology*. Vol. 3, No. 2 Oktober 2015

This research is did by researcher is based on the concern of the researcher about the high delinquency behavior of adolescents, who in fact are school-age adolescents who even enters into criminal acts. These cases of delinquency are evenly distribute, starting from rural villages to big cities with more complex problems. One of them is in the city of Yogyakarta. But on the other hand, in Yogyakarta there is a glimmer of hope in the form of the RMJ (Youth of Masjid Jogokariyan) which is expected to be a barometer for the cultivation of superior youths who will later have a fighting power against their name, family, religion, nation and state.

B. METHODE RESEARCH

The approach of this research is qualitative approach. The purpose of this qualitative study was to understand the conditions of a context by pointing to the detailed description and pulled in-depth portrait of the conditions in a natural context (natural setting), about what really happened according to what their field of study.⁸

In qualitative research, it was said that the quality of the research was getting better if the data obtained deeper de. The qualitative research could be said to be less in terms of the respondent or research subject compared with quantitative research, because in the qualitative research more prioritize on deeper data not the quantity of data. The type of this research was case study with a qualitative descriptive analysis. It is because this study describes the situation under study as it was from empirical data or the researcher goes directly to the field. Case study is a research that was directed collect the data, take meaning, and gain an understanding of the case. Furthermore it is called a case study because this study used in-depth examination of a situation or event known as a case was carried out using systematic methods of observing, collecting data, analyzing and reporting the results.

⁸ Dr. Farida Nugrahani, M.Hum, *Metode Penelitian Kualitatif dalam Penelitian Pendidikan Bahasa*. Tidak Diterbitkan, Tanpa Tahun

C. PRESENTATION AND DATA ANALYSIS

Youth of Masjid Jogokariyan is a masjid youth organization is located at the Masjid Jogokariyan, Yogyakarta. Becoming a part of the cadre chain in the *da'wah* program carried out by the Masjid Jogokariyan and under the direct guidance of *ta'mir*.⁹ This organization accommodates all residents of Jogokariyan Village who are entering their teenage years, facilitated by various programs and infrastructure to support the preaching of the Masjid Jogokariyan. The purpose of establishing the Youth of Masjid Jogokariyan is to empower and prepare the youth of Jogokariyan Village to become a successor in the *da'wah* movement of Masjid Jogokariyan.

In an effort to process data from the results of observations, interviews, and documentation, the researcher will process the data into data units by organizing the data, sorting, synthesizing, so that the following results are obtained:

1. Develop EQ and Knowledge
 - a. Develop the Emotional Quotient

The emotional quotient develop in the Youth of Masjid Jogokariyan by the religious and character building approach. That caused the religious can make someone manage his emotional if he have cultivation and implementation the religious values in daily life.

The process of religious and scientific guidance that takes place at the Youth of Masjid Jogokariyan runs through written and unwritten programs. The religious development program that *ta'mirs* always intensify is the congregational prayer movement, because prayer is the most basic obligation for Muslims where youth of masjid are involved to help its implementation and also invite the peoples, especially fellow adolescents. .

This religious development aims to make adolescents know that every inch of life has been regulated by religion which is the basis of

⁹ Interview Result with MF, coding number of interview: MF / W1 / 140 – 152

life, and can be a barometer in behavior and control when the desire to deviate arises. Thus so that make they thought before was did.

Besides, psychologically, adolescents tend to be closer to peers in appeal his family. The effect of peers in attitude, behavior, and appearance is greater than the family.¹⁰ This happens because fellow friends know more about the characters and tricks on how to invite other adolescents to join, so that the gathering of peers who are members of this organization makes adolescents more enthusiastic to participate, and the program's intensity creates a positive environment that makes it easier for adolescents to implement, religious science.

b. Knowledge

According to most researchers, adolescence is a time when the brain is fully mature. The teenage brain is still working in progress. Dramatic changes in brain structure include emotions, judgment, organizational behavior, and self-control that alternate between puberty and early adulthood.¹¹ This is also in line with the guidance applied at the Youth of Masjid Jogokariyan, where adolescents are introduced and invited to think about various problems and challenges faced compared to HAMAS (The Children Masjid Jogokariyan Organization) which has just been introduced to concrete things appropriate to childhood. Scientific development in this organization does not only cover religion but also multi-branches, especially those concerning contemporary issues such as the study of Islamic thought, the relationship of nature and God, the study of the universe, etc. These materials were deliberately given when entering adolescence because adolescents began to be able to think abstractly. This coaching is intended to equip adolescents with

¹⁰ Icheu Rohayati, Program Bimbingan Teman Sebaya Untuk Meningkatkan Percaya Diri Siswa. *Jurnal UPI*. ISSN 1412-565X. Edisi Khusus No. 1 Agustus 2011, hal : 370

¹¹ Diane E. Papalia, Ruth Duskin Feldman, "*Menyelami Perkembangan.....*", p. 12

knowledge so that they can be literate to see the challenges in front of their eyes and have a strategy in responding to these challenges. Moreover, masjid also equip them with library facilities as a media for free learning that is very helpful and facilitates this scientific transformation. Coaching in this cognitive aspect is found in *pemara* programs, studies of the prophet's tracks, studies of Fajr, etc.

This is in accordance with research by Esti Listiari that talking about the relationship between adolescent's religious level and self-control. And the result is adolescents with higher in their religious level tend to have more internal self-control. They will assertively reject their peers when the peer's decision is not in with line with them. This research revealed that there is strong relationship between religious level and self-control among high school student ($r=0,624$). Religious may become a good protection for adolescents for doing erroneously.¹²

The emotional quotient and knowledge development which was did in the Youth of Masjid Jogokariyan can't sparate from some supporting and inhibiting factors. The supporting factors that rarely owned by another masjid youth organization there are: 1) A high consciousness between stewards and members in achieving the organization goals, 2) Avaibility of Funds, 3) A strong Network of between Masjid and Famous *Ulama*.

Beside the supporting factors, there are also inhibiting factors that is make the development efforts seems to be sometimes impeded that are: 1) The theme matery of recitation was somewhat lacking, 2) Bussiness outside organization, so that the members, unspirit on the activities, usely was did by passive members.

¹² Esti Listiari, "Hubungan antara Tingkat Religiusitas dan Penegndalian Diri pada Remaja Tingkat SMA", *Jurnal Psikologi*, No. 7, Tahun 2011, p. 55

2. Physical Health Development

The physical health development is one of development component that is not forgotten by Youth of Masjid Jogokariyan. The physical health development that employed in the Youth of Masjid Jogokariyan that are bicycle, hiking, climb the mountain, and etc. There are the physical health based by hobby or habit. It is like on the theory of adolescents physical health. The purpose of this activity beside to form a healthy also foster a sense of brotherhood among the members.

The physical health development is so important for adolescents, the in the productif phase which signe by the puberty. Officially the adolescents they have health and fit physical, but cause by several things the adolescents many have problem with healthy about, even genetic or life style. The physically health problem often happened by adolescents they are sleep and the problem, eat and nutrition like obecitas, malnutrition, anoreksia nervosa, and also drug abuse.¹³

This development can run cause the some factors there are supporting ta'mirs by the providing financial support and activity proposal, the compactness of the members, the spiritely of the responsables. But in this every activity also there are some to inhibiting programs there are the influence of close friend that isn't follow by the other, the spirit of adolescents as members who begin careless causes by psychologycal condition are still labil.

3. Mental Development

While mental is the basis of emotions that affect daily activities, including thinking, communicating, learning, psychological resilience and self-confidence. Mental health itself is very influenced by the culture in which the person lives. What is allowed to be done in a certain

¹³ Diane E. Papalia, Ruth Duskin Feldman, *Menyelami Perkembangan.....*, p. 13-

culture can be strange and abnormal in another culture, and vice versa (Sias, 2006). In accordance with this theory that mentality is strongly influenced by the culture of the place of residence, the Masjid Jogokariyan tries to form a supportive environment for the mental development of its citizens at various age levels, especially adolescents through the Youth of Masjid Jogokariyan. Character mental building in the Youth of Masjid Jogokariyan can be seen from:

a) Manners

The courtesy of Youth of Masjid Jogokariyan comes from the cultural background of Javanese, especially Yogyakarta that upholds the values of manners. Besides that Masjid Jogokariyan with many organizations inside always emphasizes the importance of serving guests well. And this reflected in the slogan “being the home of *ummah*” which the means providing comfort, security and peace with good manners.

b) Leadership and Responsibility

Humans cannot be separated from leadership and responsibility, both for themselves and for others. Especially in an organization that consists of a structured and multitude of associations. In every organization there must be exist the term of leadership. The term leadership basically relates to the skills, abilities, and level of influence a person has.¹⁴ Meanwhile, responsibility is the behavior of a person to carry out tasks towards oneself, society, and the environment.¹⁵

¹⁴ Mailani Hamdani, “Menumbuhkan Jiwa Kepemimpinan Generasi Muda Melalui Kewirausahaan (Sebuah Kajian Teoritis)” Fakultas Ekonomi, Universitas Terbuka, (Artikel tidak diterbitkan: Tanpa tahun), p. 1

¹⁵ Sundari, “Pembentukan Karakter Tanggungjawab Pada Remaja Melalui Kegiatan Sinoman (Studi Kasus di Desa Karanggeneng Kecamatan Boyolali Kabupaten Boyolali Jawa Tengah” dalam Seminar Nasional Pembentukan Karakter dan Moralitas Bagi Generasi Muda yang Berpedoman pada Berpedoman pada Nilai-Nilai Pancasila Serta Kearifan Lokal. ISSN: 2598-6384, Prodi PPKn FKIP Universitas Muhammadiyah Surakarta

Setting up a national character not only through theory. According to Skinner, in behavior theory, responsibility formation can be done through behavior modification, namely by extinguishing unwanted behavior (*inhibition*) by removing reinforce and replacing it with desired behavior through reinforcement.¹⁶This is also happens in organizations, where adolescents are deliberately given activities and responsibilities for an activity to avoid a vacuum so that the opportunity to misbehave is wide open because of the influence of their interactions. For example, when the KRJ (Jogokariyan Ramadhan Village Festival) is held every year and also Muslim United in collaboration with the Yogyakarta Islamic Ukhuwah Forum, in which RMJ is fully responsible for the implementation of this event, of course with the coordination of *ta'mir*. This event involved not only Jogokariyan residents but also the general public who reached thousands of visitors every day by inviting preachers from various regions. Every RMJ is involved in a section according to their skills. For example, there are those who have skills in photography, so they are assigned to be part of the documentation.

Apart from being a task, giving the mandate of leadership and responsibility also aims to attract and bind members so they do not get bored and run away from communities and masjid because they feel involved and empowered with their potential. This is to avoid the increasing negative influence of the association outside the friendship and so that the positive influence of the can color his life more than the negative influence of the uncontrolled association outside the friendship.

c) Confidence

¹⁶ Dede Rahmat Hidayat, *Teori dan Aplikasi Psikologi Kepribadian dalam Konseling*. (Bogor: Indonesia, 2011), p. 131-133

Being a leader cannot be separated from the word confident. According to the Judge, self-confidence is a person's belief in all aspects of his / her strengths and that belief makes him feel capable of being able to achieve his goals in life.¹⁷

As happened in the Jogokariyan masjid Youth which tried to develop the confidence of its members with its various programs. For example, in the Recitate Al Quran program, apart from reciting other activities, there is a *tausyiah* which is conveyed by the members in rotation. This will indirectly make people force themselves to dare to appear in public so that he will prepare as much as possible so as not to embarrass him. Then also in deliberations that are often held in determining policies, where members are given the opportunity to express their opinions, and will be appointed by the chairman for later consideration.

Another program is RMJ Adventure, which is by holding adventures, usually climbing mountains and there are competitions and games that familiarize each other. It also aims to create a democratic environment, namely by embracing all members, both active and passive. They are invited to play together with each other and with seniors so they do not feel insecure and feeling isolated because of their lack of activity in the youth masjid organization because usually they are passive members who feel reluctant if invited to join, apart from that to withdraw back to the masjid and be active in it.

¹⁷ Thursan Hakim, *Mengatasi Rasa Tidak Percaya Diri*, (Jakarta: Gramedia Pustaka Utama), p. 6

4. Social Care

Caring is empathy for others which is manifested in the form of giving help according to one's abilities.¹⁸ In this study, social care is an attitude and action that always tries to provide assistance to other people or communities in need.¹⁹ Social concern is the implementation of human consciousness as social beings who cannot live alone. Humans need other people to meet their needs so that there is a mutual dependence between one individual and another.²⁰

Caring mentality is taught not only to others but also to the wider to the peoples. This program is proven by the social service event which is routinely held by Youth of Masjid Jogokariyan during Eid al-Adha. With the capital of fundraising, Youth of Masjid Jogokariyan carry out the mandate with everything needed basic goods to help the regions have not affluent citizens also affected areas. This activity is not only to hone the members 'sense of concern as well as to spread the *da'wah* of the Masjid Jogokariyan in spreading Islam *Rahmatan lil' alaamiin* as well as a form of the existence of the youth of masjid in Yogyakarta. The areas that were assisted would later become RMJ target areas, where every month RMJ sends a delegation to preach there as well as check the development of the peoples there. With this kind of concern, people are welcome and enthusiastic to be directed and instill Islamic values. This is because they are committed to being present as a solution for the *ummah*, namely being assisted in cases of difficulty and having their needs fulfilled if they are lacking.

¹⁸ Jamal Ma'mur Asmani, *Buku Panduan Internalisasi Pendidikan Karakter di Sekolah*. (Yogyakarta: Diva Press, 2013), p. 91

¹⁹ Akhmad Muhaimin Azzet, *Urgensi Pendidikan Karakter di Indonesia*, (Yogyakarta: Ar-Ruzz Media, 2014), p. 96

²⁰ Muhammad Yaumi, *Pendidikan Karakter : Landasan, Pilar dan Implementasi*. (Jakarta: Kencana, 2014), p. 77

The supporting factors of mental develop there are senior exemplary model, culture values of Java especially Yogyakarta, cultivation of strong religious values, habituation to train courage through the leadership organization. The inhibiting factors that hinder the develop that are some members who are passive which cause this develop be uneven, delinquency committed by members but within reasonable limits.

5. Education Employment Development

Education employment development which held in this organization include transferring knowledges, character building. The actually is educations implied in all its activities and programs. For example in the Pemara there are the education to manage and mobilize the members, transferring knowledge from the lecture or speaker to the members as audience. While in the *Arounding Recitation* or *Tarling* there are education to train speak in front of people, so while in the other activity that need to committee build, which there are education to leadership training, manage and mobile the people, train the cohesiveness. Many education bellow easily absorbed by adolescents because done happily they are done with their peers. Like in the search by Baumeister show that in the adolescents phase, proximity to peers greatly increase, and at the same time, the spurting of teen relationships with parents declinates dramatically.²¹

6. Life Skill Development Accordance Market Demand

The development of life skills carried out by the Youth of Masjid Jogokariyan can be seen from the media activity programs such as photography, videography, corel, how to make interesting Instagram ads, and writing classes. This life skill development was

²¹ John W. Santroct, *Adolescence Perkembangan Remaja*, (Jakarta: Erlangga, 2004), p. 404

chosen because it follows technological developments, which are almost all based on information technology. This means that the Youth of Masjid Jogokariyan wants its members to develop their abilities according to market demand and the times. This at the same time breaks the stigma that youth of masjid must be geeky, lame, and out of date. In addition, this life skill coaching also aims to foster an entrepreneurial spirit for adolescents so that they do not depend on job vacancies to become employees, and can even open jobs. In addition to computer or internet-based or media training life skills, other life skills being developed are hydroponics, aquaponic catfish farming. This aquaponics system was designed for the water from pool is contains good nutrition for plant can be used and not spent. This development is also a media for sharing knowledge and implementing the practice of knowledge that adolescents get in school or college.

Because of the computerized theory and cultivation, some of the members of the RMJ, both who are still active and who have become RMJ seniors. With the holding of the life skill training, it is hoped that one day RMJ members will be ready to take part in the wide peoples and be able to improve their standard of living by being observant of opportunities and taking advantage of what is available.

The life skill development of adolescent in the Youth of Masjid Jogokariyan is suitable that the skill development of adolescent is important thing. It is suitable with theory from Anwar “Adoescent also need to be provided with the basis for healthy mental development adolescent are able to go throught the transition period and can reach adulthood without problem. Life skill is the skill or ability can that adapt and behave positively, which allows

someone to be able face various demands and challenge in everyday life effective.”²²

These programs can run well cause the supporting factors there are availability of adequate human resource, sufficient sources of funding, the spirit of the members and responsible. But also there are inhibiting factors there are the adolescents who come according to desired training theme, so that the mastery of life skill is uneven.

D. CONCLUSION

Of exposure and processed research data with analysis conducted by researchers, we can conclude that the Youth of Masjid Jogokariyan in his role to improve self-development on the brakes can be classified into three categories which will be described as follows:

The role of the Youth of Masjid Jogokariyan in the effort of self development included 6 components of self development. There are Emotional Quotient /knowledge, physically development, mental development, social development, educational development, and lifeskill development accordance on market demand. And the development of six components above it is implied on many programs or activities RMJ even routine activity or conditional activity.

In general supporting factors that influence the success of the Youth of Masjid Jogokariyan in playing their role in developing *self-development* include: the support of the *ta'mir* of Masjid Jogokariyan, senior exemplary, and involvement in every activity. Meanwhile, the inhibiting factors that hinder it include: the influence of close friends, family background, as well as being busy outside the organization.

²² Anwar, *Pendidikan Kecakapan Hidup (Life Skill Education)*, (Bandung: Alfabeta, 2012), p. 89

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